

How to do your own pattern for an oversize blouse



I started with this jeans blouse that I already owned and just copied the mode it was cut. How can you start without having such a blouse anyway?



Take a shirt of your own that is already in a similar shape than the result shall be and measure how large you want the finished blouse to be.



Lay a copy sheet on the shirt. Make sure that you fixed the sheet exactly at the middle of the shirt – I always attach it with some needles. Take a pencil and trace the edges of your shirt adding the measures you took at step No.1.



The side line is a direct line from the seam to the shoulder – take your ruler for it to do best. View picture beside.

You can correct the line a bit as shown to have the cut-outs for the sleeves later. The width of the sleeves should be almost the same like the one of your shirt.



To get the form of the collar take a blouse you like the form of and position it so that the middle trace you just copied from the shirt meets the middle of the blouse (measure). Add the lining while respecting the round form - I mostly take 4cm.

In my picture it is different because I took the jeans blouse I already owned. But this is to show you how you can do as well without having this blouse.



Fold your sheet along the side trace and transfer the shoulder seam line to the back. Leave the collar still indefinite.



Now lay the blouse back side up and copy the trace of the collar. Please respect the middle very properly.



Then copy the two parts of the collar as shown. Here I took the blouse I definitely copied to show you how exactly you need to trace and cut.

Now take your pattern and transfer it to your chosen fabric adding 1 to 1,5 cm for the seam allowance and cut it out.

Sewing steps

1. Close the shoulder seam and serge the seam allowance.
2. Iron the trimming of the center by folding it like this:
First iron a very small trimming of 0,5/max. 1cm than fold it again
- twice in the same direction to get the center strap for the buttons.
3. Prepare the upper collar by ironing a special soft bracing onto it and sew the upper and front seam – left side on left side. Shorten the edges a bit, turn it on right and iron it properly.
4. Attach the upper edge of the downer collar – right side on right side – to the upper collar and stout both collars.
5. Attach the downer edge of the downer collar to the front and back of the blouse. Iron a small seam allowance first and stitch very properly.
6. Measure a strap of your fabric to add the sleeves like this: Measure the cut out than specify the breadth. Take two times the breath and one time the width add 1cm seam allowance and cut two straps.
Fold them in the middle and sew them into the cut outs of the sleeves.
7. Than prepare the edge-stitch of the downer seam by folding and ironing it twice first.
8. Measure the distance between the buttons and sew buttonholes.
At last handsew your buttons – ready!

